At Anthem Blue Cross and Blue Shield, we understand that our health connects us to each other. So we focus on being a valued health partner and delivering quality products and services that give you access to the care you need.

**DELIVERING PRICE**

**DELIVERING MORE DOCTORS**

**DELIVERING SERVICE**

RELIABLE HEALTH CARE SHOULD COME AT A REASONABLE PRICE.

With one of the nation’s broadest networks, we’re able to help you find the doctors and facilities that allow you to get healthy and stay on the path to a healthy lifestyle.

Because many of these local doctors and hospitals have agreed to a discounted rate, when you go to them, savings will be passed on to you. Better savings. Greater access. They’re all part of the whole health care package.

With tools like our online cost estimator, you can get a rough estimate of costs before ever seeing a physician. After January 1, log in at anthem.com and choose Estimate Your Cost (Procedure or Treatment).

Did you know that your company covers 100% of the cost of eligible preventive care when you see an in-network doctor? Physical exams. Routine screenings. Routine immunizations. All covered. To find out what preventive care is right for you or your family, talk to your doctor.


DELCIVERING MORE DOCTORS

Nationwide, more than 96% of hospitals and 93% of professional providers contract with Blue Cross and Blue Shield companies—more than any other insurer.1 And with our Find a Doctor online tool, it’s easy to look for doctors, hospitals, labs and other providers who are part of the Anthem Blue Cross and Blue Shield network.

CHANCES ARE, YOUR DOCTOR IS ALREADY IN OUR NETWORK. TO CHECK IF YOUR FAVORITE DOCTOR IS IN OUR NETWORK, HERE’S ALL YOU NEED TO DO:

1. Go to your enrollment site, [http://UPSBRC.ehr.com](http://UPSBRC.ehr.com)
2. Use the doctor search tool
3. Learn more by accessing the Anthem microsite through the link on the enrollment site

OR YOU CAN CALL 1-855-874-6130
DELIVERING SERVICE

All you want is for someone to answer your questions, right? To make it easy to understand your plan. To help you figure out next steps for staying healthy — or for dealing with a health problem. We hear you. And we’re here for you, too.

MEMBER SERVICES: READY TO HELP

Our team works hard to make health care and your benefits easier for you to understand so you can focus on your health. We’re committed to serving you, and we take pride in doing it by delivering the whole health care package. We can help you:

- Transition smoothly to Anthem Blue Cross and Blue Shield from your current carrier.
- Make the most of your plan’s benefits.
- Connect with covered programs and support.
- Stay on top of exams, tests or preventive screenings through appointment reminders.
- Compare costs on health care services, find in-network doctors and more.

GO ONLINE FOR ANSWERS ANY TIME

After January 1, anthem.com will give you 24/7-access to tools and info that help you make the best health care choices. It only takes a few minutes to register, and you’ll be able to find a doctor, hospital or health care professional close to you; check your claims; find out what you may owe for services; track out-of-pocket expenses; view your explanation of benefits and more.

EVEN ON THE GO

Need to find the nearest urgent care center? Need your ID card? Download the Anthem Anywhere mobile app, and you can find a doctor, show your mobile ID card, check on a claim — and much more!

DELIVERING THE WHOLE PACKAGE MEANS...

Tracking the things that matter most to you. Like putting the brakes on high costs, building a bridge between you and your doctor, and getting employees on the road to the best “you” yet.

PERSONAL HEALTH CONSULTANT

You get personal support when you need it, like when you’re managing a new or ongoing health issue, or in the hospital.

You have access to a health professional dedicated to your specific health needs — at no extra cost!

Your Anthem health consultant will help you take control of your health by connecting you to better health care and suggesting other programs that might help you along the way.

LIVEHEALTH ONLINE

LiveHealth Online lets you see a doctor or therapist through a private video visit using your smartphone, tablet or computer.

- Quick: Access board-certified doctors 24/7 to get care for common conditions such as colds, rashes, sinus infections and more. They’ll even send prescriptions to your pharmacy of choice.
- Convenient - connect with the doctor from anywhere you have an Internet connection.
- Integrated - visits are part of your benefit plan, so you know they’re covered and you won’t have to do any extra paperwork.

DELIVERING FOR YOU

We know you’re busy. So when you reach out, we make sure there’s someone on the other end ready to help — just part of delivering the whole package. You can even reach us later in the night during the workweek. We also offer multiple ways to get in touch online, 24/7.

MOBILE

After January 1, 2018, download the Anthem Anywhere app, register and use the Support feature.

ONLINE

Before enrollment:
http://UPSBRC.ehr.com
After January 1, 2018, register and login to anthem.com

PHONE

Before enrollment:
1-855-874-6130
After January 1, 2018:
1-855-804-2073
8:00 a.m. to 8:00 p.m. EST, Monday—Friday